




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p><b>1</b> 9:30 FUNctional Fitness 10:00 Color Me Happy 10:30 MAC Gym (Members Only) <b>1:30 Giant Crossword</b> 2:30 America: The Story of Us 2:30 Knit with the Knit-Wits 3:00 Chorus Practice <b>6:30 Black Jack with Rik</b> 8:00 Monday Night Football</p>	<p><b>2</b> 9:30 Chair Yoga &amp; Breathing 10:30 Percussion Ensemble <b>1:30 Singer Ash Reeder</b> 3:00 Bridge 3:30 Armchair Travel— Aerial America</p>	<p><b>3</b> 10:00 Catholic Mass 10:00 Publix 11:15 MAC Gym (Members Only) 1:00 Community Errands <b>1:30 Planet Earth Series</b> 3:00 XBOX Bowling 4:00 Dragonfly Happy Hour</p>	<p><b>4</b> 9:30 FUNctional Fitness <b>10:30 Let's Get Crafty</b> <b>1:30 Therapy Dogs</b> 3:15 Bingo</p> <p style="text-align: center;"><b>PEN PAL LETTERS DUE TOMORROW</b></p>	<p><b>5</b> 9:30 FUNctional Fitness <b>10:00 Trip to the Thrift Store</b> <b>1:30 Pen Pals Visit and Craft at Victoria Landing</b> 3:00 Bridge 3:30 LCR Dice Game</p>	<p><b>6</b> 10:00 FUNctional Fitness 10:30 Anagrams 1:30 Nostalgia Hour 2:30 Bible Study 2:45 Katie's Nail Salon 3:30 Hangman Word Game</p>	
<p><b>7</b> 10:00 FUNctional Fitness 10:30 VL Trivia 1:30 Bingo 3:00 Movie Matinee— Hitchhiker's Guide to the Galaxy 8:00 Sunday Night Football in the Pub</p>	<p><b>8</b> 9:30 FUNctional Fitness 10:00 Color Me Happy 10:30 MAC Gym (Members Only) <b>1:30 Giant Crossword</b> 2:30 America: The Story of Us 2:30 Knit with the Knit-Wits 3:00 Chorus Practice 8:00 Monday Night Football</p>	<p><b>9</b> 9:30 Chair Yoga &amp; Breathing 10:00 Trail Walk 10:30 Percussion Ensemble <b>1:30 Jim Hutchinson on the Saxophone</b> 3:00 Bridge <b>3:30 Halloween Charades</b></p>	<p><b>10</b> 9:30 Catholic Communion 10:00 Publix 11:15 MAC Gym 1:30 Walmart <b>1:30 Planet Earth Series</b> 3:00 XBOX Bowling 4:00 Dragonfly Happy Hour <b>6:15 Melbourne Municipal Band Concert at the Melb. Aud.</b></p>	<p><b>11</b> 9:30 FUNctional Fitness <b>10:30 Let's Get Crafty</b> 1:30 Culinary Expressions: Cooking Demo 3:15 Bingo <b>6:30 Jeopardy Party in the Pub</b></p>	<p><b>12</b> 9:30 FUNctional Fitness <b>10:30 Name That Tune: Halloween Edition</b> 1:30 Rummikub 3:00 Bridge <b>3:30 Spooky Tales: Ghost Stories from different places around the world</b></p>	<p><b>13</b> 10:00 FUNctional Fitness 10:30 Spelling Bee 1:30 Scrabble 2:30 Bible Study 3:30 Interesting Things: Unsolved Cold Cases</p>
<p><b>14</b> 10:00 FUNctional Fitness 10:30 VL Trivia 1:30 Bingo 3:00 Movie Matinee— <i>The Breakfast Club</i> 8:00 Sunday Night Football in the Pub</p>	<p><b>15</b> 9:30 FUNctional Fitness 10:00 Color Me Happy 10:30 MAC Gym (Members Only) <b>1:30 Giant Crossword</b> 2:30 America: The Story of Us 2:30 Knit with the Knit-Wits 3:00 Chorus Practice <b>6:30 Black Jack with Rik</b> 8:00 Monday Night Football</p>	<p><b>16</b> 9:30 Chair Yoga &amp; Breathing 10:30 Percussion Ensemble <b>1:30 Country Singer Kimberly Yoakum</b> 3:00 Bridge 3:30 Armchair Travel— Aerial America</p>	<p><b>17 Breast Cancer Awareness Month: Wear Pink Day</b> 9:30 Catholic Communion 10:00 Publix 11:15 MAC Gym (Members Only) 1:00 Community Errands <b>1:30 Planet Earth Series</b> 3:00 XBOX Bowling 4:00 Dragonfly Happy Hour </p>	<p><b>18</b> 9:30 FUNctional Fitness <b>10:00 Christian Communion</b> <b>10:00 Flu Shots with Savers with completed consent</b> <b>10:30 Let's Get Crafty</b> 1:30 Culinary Expressions: Cooking Demo 3:15 Bingo</p>	<p><b>19</b> 9:30 FUNctional Fitness <b>10:00 Hearing Aid Tune Up</b> <b>10:15 Pumpkin Carving</b> <b>1:30 HNJ 4th Graders Halloween Caroling</b> 3:00 Bridge <b>3:00 Food for thought: Halloween Candy</b></p>	<p><b>20</b> 10:00 FUNctional Fitness 10:30 Pen Pal Letters 1:30 Guess that Tune 2:45 Bible Study 2:30 Katie's Nail Salon 3:30 Xbox Bowling</p>
<p><b>21</b> 10:00 FUNctional Fitness 10:30 VL Trivia 1:30 Bingo 3:00 Movie Matinee— <i>Van Helsing</i> 8:00 Sunday Night Football in the Pub</p>	<p><b>22</b> 9:30 FUNctional Fitness 10:00 Color Me Happy 10:30 MAC Gym (Members Only) <b>1:30 Giant Crossword</b> 2:30 America: The Story of Us 2:30 Knit with the Knit-Wits 3:00 Chorus Practice 8:00 Monday Night Football</p>	<p><b>23</b> 9:30 Chair Yoga &amp; Breathing 10:00 Trail Walk 10:30 Percussion Ensemble <b>1:30 Resident Council Mtg.</b> 3:00 Bridge <b>3:30 Karaoke with Karla</b></p>	<p><b>24</b> 9:30 Catholic Communion 10:00 Publix <b>12:00 Oct. Birthday Lunch</b> 1:30 Walmart <b>1:30 Planet Earth Series</b> 3:00 XBOX Bowling 4:00 Dragonfly Happy Hour</p>	<p><b>25</b> 9:30 FUNctional Fitness <b>10:30 Let's Get Crafty</b> 1:30 Culinary Expressions: Cooking Demo 3:15 Bingo <b>6:30 Jeopardy Party in the Pub</b></p>	<p><b>26</b> 9:30 FUNctional Fitness <b>10:30 Trip to Beall's</b> 10:30 Dominoes <b>2:00 Bewitching Tea Party featuring live music by Sound Traveler</b> 3:00 Bridge</p>	<p><b>27</b> 10:00 FUNctional Fitness <b>10:30 Giant Crossword</b> <b>1:30 Antiques Roadshow</b> 2:30 Bible Study 3:30 Rummikub</p>
<p><b>28</b> 10:00 FUNctional Fitness 10:30 VL Trivia <b>1:30 Julia on the Piano</b> 3:00 Movie Matinee— <i>Ghostbusters</i> 8:00 Sunday Night Football in the Pub</p>	<p><b>29</b> 9:30 FUNctional Fitness 10:00 Color Me Happy 10:30 MAC Gym (Members Only) <b>1:30 Welcome Social</b> 2:30 America: The Story of Us 2:30 Knit with the Knit-Wits 3:00 Chorus Practice <b>6:30 Black Jack with Rik</b> 8:00 Monday Night Football</p>	<p><b>30</b> 9:30 Chair Yoga &amp; Breathing 10:00 Trail Walk 10:30 Percussion Ensemble <b>1:30 Pianist Angie Parks</b> 3:00 Bridge <b>3:00 Halloween Trivia and Treats</b></p>	<p><b>31 Happy Halloween</b> 9:30 Catholic Communion 10:00 Publix 11:15 MAC Gym (Members Only) 1:00 Community Errands <b>2:30 Spooktacular Halloween Soiree and Costume Contest</b></p>	 <h1>October 2018</h1> <p>Activities and times are subject to change. Please check elevator sheets for activity locations and daily updates.</p>		



## Welcome to the Neighborhood:

Fannie Brown  
Bob & Laura Harvey  
Judith Deans  
John and Joanne Newsome  
James Johnson  
Barbara Berg  
Mickey Richardson  
Ruth Barcellona



## Happy Birthday:



Jean W 10/7  
Tom M 10/7  
Iris W 10/7  
Dorothy C 10/8  
Helen J 10/9  
Josette H 10/11  
James J 10/12  
Muriel H 10/13  
Joanne N 10/14  
Cindy T 10/15  
Chuck N 10/15  
Ed H 10/16  
Penny K 10/22  
Mitzi L 10/22  
Carol W 10/29

## October's Special Activity Insight

### Theme of the Month: Halloween

*THE GOBLINS ARE HAUNTING, THE MONSTERS WILL MASH, ITS TIME TO GET READY FOR OUR HALLOWEEN BASH!!!*

Start planning you costumes! Throughout the month, we will be focusing on all things HALLOWEEN!



**Health and Wellness:** Victoria Landing is continuing our partnership with Melbourne Athletic Club to offer residents a new fitness opportunity at their gym, located about 5 minutes away! Transportation will be provided every Monday and Wednesday for residents with memberships.

**Culinary Expressions:** Join us in the 2nd floor culinary expressions room for an interactive demonstration from either Chef Jon or Sarah Beth! Have a favorite family recipe you want to share with the group? Submit it to Maxime or Katie. These recipes will become part of the Victoria Landing cookbook and MIGHT even be demonstrated in our culinary expressions class!

### Attention Veterans:

The Space Coast Honor Flight organization is looking for military veterans to participate in their program to fly veterans from all wars (WWII vets have priority) to our nation's capital, at no expense to the veteran, to see memorials erected in tribute to the men and women who served this great nation. The organization can be contacted at 888-750-2522 and by mail through PO Box 560975, Rockledge, FL 32955. Information about Honor Flight can be viewed at [www.spacecoasthonorflight.org](http://www.spacecoasthonorflight.org). One of our neighbors here at Victoria Landing just attended this trip, and said it was absolutely wonderful!

### Your Victoria Landing Team:

Executive Director—Amy Schaefer  
Resident Care Director—Christine Loa  
Resident Services Director—Maxime Suchoski  
Culinary Services Director—Jon Bradford  
Dining Room Hospitality Director—Sarah Beth Marsala  
Business and Associate Services Director—Karla Valverde  
Marketing Director—Gwyneth Shick  
Environmental Services Director—Neil LaRochelle  
Concierge—(321) 622-6730



# The Buzz

## October 2018



### Letter from the Executive Director

Happy October!

**Cable and Phones:** Beginning the 1<sup>st</sup> week of November Victoria Landing will be changing all of its Cable from Spectrum to Direct TV and all phone service from Spectrum to Morse Communications. We would like to make this transition as smooth as possible. We will be providing you with the necessary information and instructions on how you will cancel your account with Spectrum. Morse Communications will be on site to provide you with all of the information needed to convert your land line phone from Spectrum to Morse Communications. The dates and times when they will be here will be posted closer to the conversion date. As far as your cable connection, we will be disconnecting your spectrum boxes and plugging your television directly into the outlet and it will work with Direct TV. As the time approaches to make these changes, we will provide you with more detailed information. **PLEASE do not ask the front desk for assistance with this conversion or ask them questions concerning this change.** Once we have provided you with more detailed information, if you have any additional questions please direct them to Maxi, Director of Resident Services.

**Auditorium Piano:** Make sure to stop by the Auditorium and check out our new piano!

October officially begins the Holiday Season. It is full of rich traditions and we cannot wait to begin the celebrations. We have so many activities and events planned and we hope you will take advantage of all of them this month.

Despite the lack of falling leaves, autumn is definitely upon us. As we wind down from our tropical season and begin preparing for the holidays ahead, we would like to thank you for adding color to our world here at Victoria Landing.

With Warmest Regards,  
*Amy Schaefer*

### Month at a Glance

**Special Documentary Mini Series: Planet Earth**  
Wednesdays at 1:30

Chorus Practice: Holiday Concert  
Mondays at 3:00

Let's Get Crafty  
Thursdays at 10:30

Pen Pal Visit to Victoria Landing  
Friday, October 5th at 1:30

Melbourne Municipal Band  
Concert at Melbourne Aud.  
Wednesday, October 10th at 6:15

Name That Tune: Halloween  
Friday, October 12th at 10:30

Food for Thought:  
Halloween Candy  
Friday, October 19th at 3:00

Bewitching Tea Party featuring  
Live Music by Sound Traveler  
Friday, October 26th at 2:00

Antiques Roadshow  
Saturday, October 27th at 1:30

Welcome Social  
Monday, October 29th at 1:30

Halloween Trivia and Treats  
Tuesday, October 30th at 3:00

Spooktacular Soiree and  
Costume Contest  
Wednesday, October 31st at 2:30