

RESIDENT NEWS

Welcome to the Neighborhood!

DJ Zeck
Jay & Vicky Gutierrez
Stanley Gray
Eleanor Wood
Micheal & Beverly Ferguson

8/3
8/5
8/11

8/12
8/18

Happy Birthday:

Camile Blok
Ann Bramham
Joan Porter-Benn
Barbara Kellum
Gladys Huber
Mary Fogg

ASSOCIATE NEWS

Happy Birthday:

8/3 Ashley L.
8/5 Kim E.
8/13 Patrick C.
8/14 Christopher M.
8/18 Melissa C.
8/20 Heather O.
8/27 Joan V.
8/29 Kim B.
8/30 Maria O.

Welcome to the Team:

Executive Director
Stacey Henley

Care Pro
Shawana H

YOUR MANAGEMENT TEAM:

Executive Director - Stacey Henley
Director of Resident Care - Christine Loa
Director of Culinary Services - Jon Bradford
Director of Hospitality & Resident Services -
Sarah Beth Marsala
Director of Business & Associate Services - Karla Valverde
Director of Environmental Services - Miguel Gonzalez
Director of Marketing - Lindsey Deaton
Director of Sales - LaNell Derby
Concierge—(321) 622-6730



THE BUZZ 2021
August



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 *Small Group Activities <i>Various start times</i>	2 *Small Group Activities <i>Various start times</i>	3 *Small Group Activities <i>Various start times</i>	4 *Small Group Activities <i>Various start times</i>	5 *Small Group Activities <i>Various start times</i>	6 *Small Group Activities <i>Various start times</i>	7 *Small Group Activities <i>Various start times</i>
<i>Stay safe! Wear a face covering outside your apartment. Wash your hands often. Keep a safe distance between yourselves and others!</i>						
8 1:00 T Armchair Travels "Marco Polo" 2:00 DR Sundaes on Sundays	9 Mimosa Monday 11:30 W The Garden Variety 1:30 M Write Your Life Story w/ Linda Jump 3:30 DR Drama Club	10 10:00 PP Mindful Meditation 2:00 M Catholic Mass 2:30 DR Rummikub Rules! 3:30 DR Afternoon Tea	11 Dermatologist Visit 10:00 PP Mindful Meditation 10:30 A CaptionCall Seminar 2:00 A Boardgame Bliss	12 10:30 CR Darn It, Eileen! (Sewing) 1:00 CR Jewelry Making 3:30 A Bingo Blast!	13 11:00 PP Friday Fishing 2:00 CR Pianist Angie Parks 3:00 A Trivia Treasures 6:00 P After Dinner Happy Hour	14 1:00 DR Hangman 2:30 DR Trivia and Fun Facts 3:30 T Documentary Series "Frank Sinatra"
15 1:00 T Armchair Travels "Scotland" 2:00 DR Sundaes on Sundays 3:00 A Bingo Blast!	16 Mimosa Monday 1:30 M Write Your Life Story w/ Linda Jump 3:30 DR Drama Club	17 10:00 DR Rummikub Rules 1:00 CR Painting with a Twist 2:30 DR Trivia Treasures 3:30 DR Afternoon Tea	18 10:00 PP Mindful Meditation 1:30 CR Craftaholics Anonymous 2:00 PP Boardgame Bliss	19 10:30 PP Wildlife Watching 1:00 CR Jewelry Making 3:00 A Bingo Blast 6:30 DR Blackjack with Damien	20 10:30 DR Anagrams 2:00 A Accordion Concert w/ Klaus Kolb 3:00 A Jeopardy! 6:00 P After Dinner Happy Hour	21 1:00 DR Hangman 2:30 DR Trivia and Fun Facts 3:30 T Documentary Series "The Magna Carta"
There's always something on in the theater! Movies play all month long during the day!						
22 1:00 T Armchair Travels "Living Universe" 2:00 DR Sundaes on Sundays 3:00 A Bingo Blast!	23 Mimosa Monday 10:30 W The Garden Variety 1:30 M Write Your Life Story w/ Linda Jump 3:30 DR Drama Club	24 10:00 PP Head's Up! 1:00 CR Painting with a Twist 2:30 DR Trivia Treasures 3:30 DR Afternoon Tea	25 10:00 PP Mindful Meditation 1:30 CR Craftaholics Anonymous 2:00 PP Boardgame Bliss 2:00 PP Therapy Dogs	26 10:00 CR Darn It, Eileen! (Sewing) 10:30 PP Wildlife Watching 1:00 CR Jewelry Making 2:00 K Culinary Expressions 3:30 A Bingo Blast!	27 10:30 DR Anagrams 11:30 DR LUAU with live music by Ash Reeder 6:00 P After Dinner Happy Hour	28 1:00 DR Hangman 2:30 DR Trivia and Fun Facts 3:30 DR Rummikub Rules! 3:30 T Documentary Series "Fighting for Lincoln"
29 1:00 T Armchair Travels "The Story of Europe" 2:00 DR Sundaes on Sundays 3:00 A Bingo Blast!	30 Mimosa Monday 10:30 W The Garden Variety 1:30 M Write Your Life Story w/ Linda Jump 3:30 DR Drama Club	31 10:00 DR Rummikub Rules! 1:00 CR Painting with a Twist 2:30 A Trivia Treasures 3:00 A Resident Council	ACTIVITY CALENDAR August		* Activities are subject to change without notice. * Please check daily sheet for up-to-date times and locations.	PP Pool Deck/Patio/Pier, outside W Walking Trail, outside F Fitness Room, 1st floor P Pub, 1st floor DR Dining Room, 1st floor L Lobby/Front Desk, 1st floor A Auditorium, 2nd floor CR Craft Room, 2nd floor K Expo Kitchen, 2nd floor T Theater, 2nd floor M Meeting Room, 2nd floor

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 *Small Group Fitness Various start times	2 *Small Group Fitness Various start times	3 *Small Group Fitness Various start times	4 *Small Group Fitness Various start times	5 *Small Group Fitness Various start times	6 *Small Group Fitness Various start times	7 *Small Group Fitness Various start times
<i>Stay safe! Wear a face covering outside your apartment. Wash your hands often. Keep a safe distance between yourselves and others!</i>						
8 9:30 F Chair Aerobics (seated)	9 9:30 F Chair Aerobics (seated) 10:15 PP Water Aerobics 11:00 F Free Weights/Machines 12:30 F Stretch and Flex 1:15 F Chair Aerobics (standing) 2:00 F Resistance Bands	10 9:30 F Chair Aerobics (seated) 10:15 L Morning Stroll 11:00 F Free Weights/Machines 12:30 F Stretch and Flex 1:15 F Chair Yoga 2:00 F Resistance Bands	11 9:30 F Chair Aerobics (seated) 10:15 PP Water Aerobics 11:00 F Free Weights/Machines 12:30 F Stretch and Flex 1:15 F Chair Aerobics (standing) 2:00 PP Balloon Volleyball	12 9:30 F Chair Aerobics (seated) 10:15 PP Cornhole 11:00 F Free Weights/Machines 12:30 F Stretch and Flex 1:15 F Tai Chi 2:00 F Resistance Bands	13 9:30 F Chair Aerobics (seated) 10:15 PP Water Aerobics 11:00 F Free Weights/Machines 12:30 F Stretch and Flex 1:15 F Two-Step 2:00 F Resistance Bands	14 9:30 F Chair Aerobics (seated)
15 9:30 F Chair Aerobics (seated)	16 9:30 F Chair Aerobics (seated) 10:15 PP Water Aerobics 11:00 F Free Weights/Machines 12:30 F Stretch and Flex 1:15 F Chair Aerobics (standing) 2:00 F Resistance Bands	17 9:30 F Chair Aerobics (seated) 10:15 L Morning Stroll 11:00 F Free Weights/Machines 12:30 F Stretch and Flex 1:15 F Chair Yoga 2:00 F Resistance Bands	18 9:30 F Chair Aerobics (seated) 10:15 PP Water Aerobics 11:00 F Free Weights/Machines 12:30 F Stretch and Flex 1:15 F Chair Aerobics (standing) 2:00 PP Balloon Volleyball	19 9:30 F Chair Aerobics (seated) 10:15 PP Cornhole 11:00 F Free Weights/Machines 12:30 F Stretch and Flex 1:15 F Tai Chi 2:00 F Resistance Bands	20 9:30 F Chair Aerobics (seated) 10:15 PP Water Aerobics 11:00 F Free Weights/Machines 12:30 F Stretch and Flex 1:15 F Two-Step 2:00 F Resistance Bands	21 9:30 F Chair Aerobics (seated)
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29 9:30 F Chair Aerobics (seated)	30 9:30 F Chair Aerobics (seated) 10:15 PP Water Aerobics 11:00 F Free Weights/Machines 12:30 F Stretch and Flex 1:15 F Chair Aerobics (standing) 2:00 F Resistance Bands	31 9:30 F Chair Aerobics (seated) 10:15 L Water Aerobics 11:00 F Free Weights/Machines 12:30 F Stretch and Flex 1:15 F Chair Yoga 2:00 F Resistance Bands	FITNESS CALENDAR August		* Activities are subject to change without notice. * Please check daily sheet for up-to-date times and locations.	PP Pool Deck/Patio/Pier, outside W Walking Trail, outside F Fitness Room, 1st floor P Pub, 1st floor DR Dining Room, 1st floor L Lobby/Front Desk, 1st floor A Auditorium, 2nd floor CR Craft Room, 2nd floor K Expo Kitchen, 2nd floor T Theater, 2nd floor M Meeting Room, 2nd floor

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 *TBD	3 *TBD	4 *TBD	5 *TBD	6 *TBD	7
<i>Stay safe! Wear a face covering outside your apartment. Wash your hands often. Keep a safe distance between yourselves and others!</i>						
8	9 9:30 L Publix \$\$ 12:30 L Publix \$\$ 3:00 L Wal-Mart \$\$	10 8:00 L Doctors Appointments (see front desk)	11 9:30 L Scenic Drive in Wickham Park 12:30 L Trip to Kohl's \$\$ 3:00 L Trip to Indian River Antique Mall \$\$	12 8:00 L Doctors Appointments (see front desk)	13 9:30 L Dollar Tree \$\$ 12:30 L Community Errands (see front desk)	14
15	16 9:30 L Scenic Drive Down A1A 12:30 L Trip to Indialantic Boardwalk and Ice Cream at Cold Stone Creamery \$\$ 3:00 L Trip to Village Thrift \$\$	17 8:00 L Doctors Appointments (see front desk)	18 9:30 L Publix \$\$ 12:30 L Publix \$\$ 3:00 L Wal-Mart \$\$	19 8:00 L Doctors Appointments (see front desk)	20 9:30 L Trip to the Lagoon House 12:30 L Community Errands (see front desk)	21
22	23 9:30 L Scenic Drive down St. John's Heritage Parkway 12:30 L Trip to Hobby Lobby \$\$ 3:00 L Trip to Old Time Pottery \$\$	24 8:00 L Doctors Appointments (see front desk)	25 9:30 L Publix \$\$ 12:30 L Publix \$\$ 3:00 L Wal-Mart \$\$	26 8:00 L Doctors Appointments (see front desk)	27 9:30 L Target \$\$ 12:30 L Community Errands (see front desk)	28
29	30 9:30 L Trip to Eau Gallie Library 12:30 L Trip to TJ Maxx \$\$ 3:00 L Trip to Del's Freez Ice Cream Stand \$\$	31 8:00 L Doctors Appointments (see front desk)	TRANSPORTATION August		* <i>Activities are subject to change without notice.</i> * <i>Please check daily sheet for up-to-date times and locations.</i>	PP Pool Deck/Patio/Pier, outside W Walking Trail, outside F Fitness Room, 1st floor P Pub, 1st floor DR Dining Room, 1st floor L Lobby/Front Desk, 1st floor A Auditorium, 2nd floor CR Craft Room, 2nd floor K Expo Kitchen, 2nd floor T Theater, 2nd floor M Meeting Room, 2nd floor