February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

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Welcome to the Boardwalk at Victoria Landing		**Celebrating:** **Black History Month** **Heart Health Month** **Chocolate Month** **Bird Feeding Month** **Hot Breakfast Month**	1 **Famous Black Women in Art** 9:30 Stretch Bands 10:15 Coffee and Muffins 11:00 Dominoes 1:00 Chicken Soup Stories 1:30 **Clementine Hunter Folk Art** 2:00 Make a Folk Art Drawing 4:00 Sing with Susie	**2 Ground Hog Day** 9:30 Drumming with Noodles 10:15 Coffee Hour 11:00 Noodle Ball 1:00 Bingo 2:30 **Music with Kenny** 3:30 Jello Snack 4:00 Patsy Kline Hour	**3 Feed the Birds Day** 9:30 Chair Dancing 10:15 Coffee and Snack 10:30 Pine Cone Bird Feeders 11:30 Noodle Ball 1:00 Heart Stamping 2:00 Nail Salon 3:30 Happy Hour	4 9:30 Disco Exercise 10:15 Hydration Time 11:00 Noodle Ball 1:00 Creative Coloring 2:00 Card Games 3:00 Pudding Snack 4:00 Sing A Long
5 9:30 Disco Exercise 10:15 Coffee and Snack 11:00 Ball Toss and Talk 1:00 Jigsaw Table 2:30 Sunday Sundaes 3:30 Virtual Church	**6 Frozen Yogurt Day** 9:30 Weight Workout 10:15 Soup Shoppe/Chicken Rice 11:00 Card Games 1:00 Table Tennis 2:30 Enjoy Homemade Soup 3:00 Sing with Susie 4:00 Daily Devotion	**7** 9:30 Yoga Stretch 10:15 Coffee and News 11:00 Chair Volleyball 1:00 Tour Rock and Roll Hall of Fame in Cleveland 2:00 Malt Shoppe Shakes 3:00 Celebrate Elvis' Music	**8 Wear Orange Day** 9:30 Coffee and the News 10:15 **Yoga with Jamie** 11:00 Juice and Jigsaws 1:00 Heart Quilling 2:00 Noodle Ball 3:00 Smoothies 4:00 Virtual Church Service	**9 National Pizza Day** 9:30 Drumming with Noodles 10:15 Coffee and Snack 10:30 Trivia in the Garden 11:30 Scented Hand Spa 1:00 Bingo 2:30 Make Pizza Rounds 3:00 Creative Coloring	10 9:30 Chair Dancing 10:15 Coffee and Snack 10:30 Trivia in the Garden 11:30 Scented Hand Spa 1:00 Noodle Ball 2:00 Friday Karaoke 3:30 Happy Hour	11 9:30 Disco Exercise 10:15 Hydration Time 11:00 Noodle Ball 1:00 Creative Coloring 2:00 Card Games 3:00 Pudding Snack 4:00 Sing A Long
12 Superbowl Sunday 9:30 Disco Exercise 10:15 Coffee and Snack 11:00 Football Toss 1:00 Color your Team Pennant 2:30 Pre Game Snacks 3:30 Virtual Church 6:00 Superbowl Watch Party	13 9:30 Weight Workout 10:15 Soup Shoppe/Beef Veggie 11:00 Giant Dominoes 1:00 Noodle Ball 2:30 Enjoy Homemade Soup 3:00 Sing with Susie 4:00 Scented Hand Spa	**14 Valentines Day** 9:30 Yoga Stretch 10:15 Coffee and Musical Hearts 11:00 Find the Hearts Hunt 1:00 Valentine Stack Game 2:00 Valentine's Buffet Table 3:00 Romantic Sing A Long	**15 Hippopotamus Day** 9:30 Stretch Band Exercise 10:15 **S Sneakers /Jamie** 11:00 Juice and Jigsaws 1:00 **Alma Thomas Abstract Art** 2:30 Fruit Smoothie 3:00 Animal Trivia 4:00 Fiona the Hippo You Tube	16 9:30 Drumming with Noodles 10:15 Coffee Hour 11:00 Noodle Ball 1:00 Bingo 2:30 Cheese Platters 3:30 Garden Walk and Chat 4:00 Nat King Cole	17 9:30 Chair Dancing 10:15 Coffee and Snack 10:30 Simple Science 11:30 Scented Hand Spa 1:00 Noodle Ball 2:00 Start Mardi Gras Float 3:30 Happy Hour	18 9:30 Disco Exercise 10:15 Hydration Time 11:00 Noodle Ball 1:00 Creative Coloring 2:00 Card Games 3:00 Pudding Snack 4:00 Sing A Long
19 9:30 Disco Exercise 10:15 Coffee and Snack 11:00 Ball Toss and Talk 1:00 Creative Coloring 2:30 Ice Cream Floats 3:30 Virtual Church	**20 Presidents Day** 9:30 Weight Workout 10:15 Soup Shoppe Chef Choice 11:00 Mount Rushmore Facts 1:30 Rummikub or Uno 2:00 Soup Social 3:00 Table Top Bowling 4:00 Daily Devotion	**21 IHOP Day/Fat Tuesday** 8:00 **Family and Staff Pancake Breakfast** 10:00 Chair Drumming 11:00 Tea and Trivia in Garden 1:00 Mardi Gras Masks Making 2:00 King Cake Snack 3:00 St Louis Cath. Processional 3:30 Card Games	**22 Ash Wednesday/Pink Shirt Day** 9:30 Stretch Band Exercise 10:15 Coffee and Muffins 11:00 Noodle Ball 1:00 Pressed Flower Art 2:00 Table Tennis 3:00 **Music with Guy Lee** 4:00 Animal Trivia	**23 National Tile Day/Curling Day** 9:30 Drumming with Noodles 10:15 **Music by Digger** 11:30 Dominoes 1:00 Tile Painting 2:00 What Can you Name 2:30 Fruit and Cheese 3:30 Sing A Long 4:00 Card Game	24 9:30 Chair Dancing 10:15 Coffee and Snack 10:30 Church Service 11:00 Noodle Ball 1:00 Simple Science 2:00 Hand Massage/Sing Along 3:30 Happy Hour	**25 Rubber Ducky Day** 9:30 Disco Exercise 10:15 Hydration Time 11:00 Noodle Ball 1:00 Creative Coloring 2:00 Card Games 3:00 Pudding Snack 4:00 Sing A Long
26 9:30 Disco Exercise 10:15 Coffee and Snack 11:00 Ball Toss and Talk 1:00 Jigsaw Table 2:30 Sunday Sundaes 3:30 Virtual Church	**27 Cupcake Day** 9:30 Weight Workout 10:15 Coffee and Snack 11:00 Noodle Ball 1:00 Monday Makers 2:00 **Cupcake Day Snack** **2:30 Art with Debi** 3:030 Sing with Susie	28 9:30 Yoga Stretch 10:15 Coffee and News 11:00 Chair Volleyball 1:00 Dominoes 2:00 Milk Shake Mix Ups 3:00 Joggin Your Noggin 3:30 Card Games	**All activities are subject to change due to circumstances beyond our control.			