

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>1</div> <div>9:00 Virtual Church 10:15 Cranberry refreshment break 10:30 Motown Music and Movement 11:00 Toss and Talk 11:30 Virtual church 1:00 Simple Sunday Craft 2:00 Root Beer Floats 3:00 Dominoes 4:00 Hand Spa</div>	<div>World Farm Animals Day2</div> <div>8:30 1:1 after breakfast 9:00 Weight Workout 10:00 Resident Made snack 10:30 Coffee and Trivia 11:00 Noodle Ball 1:00 Listen to Big Band Music 1:30 Creative Corner - Candy corn Pot 2:30 Table Tennis 3:00 Juice and Snack 3:30 White Board Games - Name Halloween Candy</div>	<div>Fruit at Work Day3</div> <div>8:30 1:1 after breakfast 9:30 Drumming Class 10:15 Coffee and Daily news 11:00 Noodle Ball 11:45 Hand Spa 1:00 How was it made? Candy Corn 2:30 Afternoon Toss and Talk 3:00 Chips and Dip 3:30 You Tube- Fall Foliage Drive 4:00 Listen to Perry Como</div>	<div>Cinnamon Roll Day4</div> <div>8:30 1:1 after breakfast 9:30 Resident Kitchen Club Cinnamon Rolls 10:15 Scenic Drive 11:00 Noodle Ball 11:45 Short Stories 1:00 Craft Class Modeling Clay Pumpkins 2:00 Table Tennis 3:00 Milk Shakes on the patio 3:30 Sing with Susie</div>	<div>5</div> <div>8:30 1:1 after breakfast 9:00 Exercise with Marsha 10:15 Coffee and Danish 11:00 Volleyball 1:00 Video tour of Salem Massachusetts 2:00 Door Decorating with team member 3:00 Cocoa and Cookies AL 2:00 Music by Ron Finn</div>	<div>6</div> <div>8:30 1:1 after breakfast 9:30 Chair Dancing 10:15 Coffee and Daily News 11:00 Table Top Bowling 11:45 Hand Spa 1:00 Name That Trivia Time 2:00 Apple Craft 3:00 Happy Hour 4:00 Listen to Elvis</div>	<div>7</div> <div>9:00 Morning exercise 10:00 Iced Tea and Trivia 11:00 Noodle Ball 1:00 After Lunch Community Stroll 1:30 Free Style Watercolors 2:00 Horse Shoes 3:00 Cranberry Spritzers 3:15 Movie Matinee</div> <div>Simchat Torah Begins</div>
<div>Happy Birthday Frank8</div> <div>9:00 Virtual Church 9:30 Sunday Morning Yoga 10:15 Coffee and News 11:00 Noodle Ball 1:00 Sunday Simply Seasonal coloring 2:00 Bean Bag Twister 3:00 Sundaes on Sunday 3:30 Virtual church 4:00 Watch Wide World of Disney</div>	<div>9</div> <div>8:30 1:1 after breakfast 9:00 Weight Workout 10:00 Resident Made snack 10:30 Coffee and Trivia 11:00 Noodle Ball 1:00 Listen to Big Band Music 1:30 Creative Corner - Candy corn Door Hanger 2:30 Table Tennis 3:00 Juice and Snack 3:30 White Board Games - Name Halloween Candy Columbus Day (US)</div>	<div>10</div> <div>8:30 1:1 after breakfast 9:30 Drumming Class 10:15 Coffee and Daily news 11:00 Noodle Ball 11:45 Hand Spa 1:00 Travel Time to Mexico 2:30 Travel Craft - Paper Cactus 3:30 Salsa and Queso and Margaritas</div>	<div>Southern Heritage Food Day11</div> <div>8:30 1:1 after breakfast 9:30 Resident Kitchen Club 10:15 Scenic Drive 11:00 Juice refreshers and Trivia 11:45 Hand Spa 1:00 Autumn Coloring Class 2:00 Bingo Blast 3:00 Cheese and Crackers 3:30 Sing the 60's</div>	<div>12</div> <div>8:30 1:1 after breakfast 9:00 Exercise to 50's music 10:15 Coffee and Coloring 11:30 Morning Stretch 1:00 White Board Challenge 2:00 Fall Wreaths Embroidery Hoops 3:00 Hot Chocolate Bar 4:00 Hymn Sing</div>	<div>National M&M Day13</div> <div>8:30 1:1 after breakfast 9:30 Instructor choice exercise 10:15 Coffee and Trivia 11:00 Corn Hole 1:00 Trivia Time 2:00 Painting Class Fall Tree 3:00 Wine and Cheese Hour</div>	<div>14</div> <div>9:00 Morning Exercise 10:00 Lemonade in the Garden 11:00 Noodle Ball 1:00 After lunch stroll 1:30 Creative Coloring 2:00 Activity Room Don't Drop the Balloon 3:00 Popcorn and a Movie</div>
<div>15</div> <div>9:00 Virtual Church 9:30 Aretha Franklin Music Movement class 10:15 Cranberry refreshment break 11:00 Toss and Talk* 1:00 Simple Sunday Craft 2:00 Root Beer Floats 2:30 Virtual Church 3:00 Dominoes 4:00 Hand Spa</div>	<div>National Boss's Day16</div> <div>8:30 1:1 after breakfast 9:00 Weight Workout 10:00 Coffee and English Muffins 10:30 Card Games 11:00 Noodle Ball 1:00 Creative Corner- Make pumpkin door hangers 2:30 Savory Snack Time 3:30 Listen to the Boston Pops</div>	<div>National Pasta Day17</div> <div>8:30 1:1 after breakfast 9:00 Drumming Class 9:30 Coffee and Daily news 11:00 Noodle Ball 1:00 Hand Spa massages 1:00 Decorate a Venetian Mask 2:30 Tortellini and Tour of Italy 3:00 Bingo Blast 4:00 Listen to Dean Martin</div>	<div>18</div> <div>8:30 1:1 after breakfast 9:30 Resident Kitchen Club 10:15 Scenic Drive 11:00 Toss and Talk 1:00 Pumpkin string art 2:00 Bingo Blast 3:00 Ice Cream Cups 4:00 TV trivia challenge 2:00 AL Nicole Hulett Aussie Songstress</div>	<div>Flamenco with Bruce VanHorn19</div> <div>8:30 1:1 after breakfast 9:00 Exercise to 50's music 10:15 Coffee and Cake 11:00Noodle Baseball 1:00 White Board Challenge 2:00 Flamenco with Bruce 3:00 Fruit Parfaits 3:30 Dominoes</div>	<div>20</div> <div>8:30 1:1 after breakfast 9:30 Instructor choice exercise 10:15 Coffee and Trivia 11:00 Noodle Hockey 1:00 Short Stories 2:00 Birthday Bash with Dan Nates 3:00 Wine and Cheese Hour 4:00 Music Time- The Four Seasons</div>	<div>21</div> <div>9:00 Morning exercise 10:00 Iced Tea and Trivia 11:00 Noodle Ball 1:00 After Lunch Community Stroll 1:30 Free Style Watercolors 2:00 Horse Shoes 3:00 Cranberry Spritzers 3:15 Movie Matinee</div>
<div>22</div> <div>9:00 Virtual Church 9:30 Sunday Morning Yoga 10:15 Coffee and News 11:00 Noodle Ball 1:00 Simple Seasonal Coloring Hour 2:00 Bean Bag Twister 3:00 Sundaes on Sunday 3:30 Virtual church 4:00 Watch Wide World of Disney</div>	<div>National Boston Cream Pie Day23</div> <div>8:30 1:1 after breakfast 9:00 Weight workout 10:00 Coffee and Conversation 11:00 Noodle Hockey 1:00 Creative Corner Coffee Filter Ghosts 2:00 Afternoon Stretch 2:30 Art with Debi 3:00 Garden Gatherings 3:30 Monday Manicures</div>	<div>24</div> <div>8:30 1:1 after breakfast 9:30 Drumming Class 10:15 Coffee and Daily news 11:00 Noodle Ball 11:45 Hand Spa 1:00 How was it made? Plastic Jack o Lanterns 2:00 Jack O Lantern Bean Bag Toss 2:30 Fruit Smoothie 3:30 Karaoke</div>	<div>25</div> <div>8:30 1:1 after breakfast 9:30 Stretch Band Exercise 10:15 Scenic Drive 11:00 Noodle Ball 11:45 Hand Spa 1:00 Craft Class Table Centerpieces 2:00 Table Tennis 3:00 Fruit Smoothie 3:30 Sing with Susie</div>	<div>26</div> <div>8:30 1:1 after breakfast 9:00 Exercise to 60's music 10:15 Music with Digger 11:30 Morning Stretch 1:00 White Board Challenge 2:00 Painted Fall Décor Make Garland 3:00 Pumpkin Chocolate Chip Cookies 4:00 Classic TV Johnny Carson</div>	<div>1st Annual Victoria Landing Carnival27</div> <div>8:30 1:1 after breakfast 9:30 Chair Dancing 10:15 Coffee and Daily News 11:00 Table Top Bowling 11:45 Hand Spa 1:00 Name That Trivia Time 2:00 AL Fall Carnival</div>	<div>28</div> <div>9:00 Morning Exercise 10:00 Lemonade in the Garden 11:00 Noodle Ball 1:00 After lunch stroll 1:30 Creative Coloring 2:00 Activity Room Don't Drop the Balloon 3:00 Popcorn and a Movie</div>
<div>National Cat Day29</div> <div>9:00 Virtual Church 9:00 Sunday Morning Yoga 10:15 Coffee and News 11:00 Noodle Ball 1:00 Simple Sunday Craft 2:00 Bean Bag Twister 3:00 Sundaes on Sunday 3:30 Virtual church 4:00 Watch Wide World of Disney</div>	<div>National Candy Corn Day30</div> <div>8:30 1:1 after breakfast 9:00 Weight Workout 10:00 Residents mix and make muffins 10:30 Tea and Talk 11:00 Table Tennis 1:00 Monday Manicures 2:00 Creative Corner Marbled Leaves 3:00 Mason Jar Sundaes 3:30 Town Hall Meeting</div>	<div>31</div> <div>8:30 1:1 after breakfast 9:30 Exercise to Halloween Tunes 10:15 Coffee and Daily news 11:00 Ghostly Noodle ball Bash 11:45 Hand Spa 1:00 Halloween Craft Coffee Filter Bat 2:00 Boardwalk Boo Bash Halloween</div>	All Activities are subject to change due to circumstances beyond our control.			

October2023