

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 8:30-9:30 1:1 after breakfast 9:30 Workout with Weights 10:15 Coffee and Crafting Sunflower Loop Craft 11:30 Hand Spa 1:00 Table Top Bowling 2:00 Chocolate Parfaits 3:00 Table Tennis May Day	2 8:30-9:30 1:1 after breakfast 9:30 Drumming Class 10:15 Paris Daily News 11:00 Talking Tour and Hand Spa-French Manicure 1:00 Travel to France 2:00 Sparkling Wine Tasting 2:30 French Cheese and Crackers 3:00 Jigsaw Puzzle Challenge	3 Wild Koala Day 8:30-9:30 1:1 after breakfast 9:30 Stretch Bands 10:15 Coffee /Bus Outing 11:00 Dominoes 11:30 Hand Spa 1:00 Chicken Soup Stories 1:30 Paper Roll Koloas 2:30 Chocolate Custard 3:00 Sing with Susie	4 8:30-9:30 1:1 after breakfast 9:30 Drumming with Noodles 10:15 Coffee Hour 11:00 Noodle Ball 1:00 Garden Trivia and Refreshments 2:30 Music with Kenny 3:30 Jello Snack 4:00 Jenga	5 8:30-9:30 1:1 after breakfast 9:30 Chair Dancing 10:15 Coffee and Communion 11:00 Make Maracas 11:45 Scented Hand Spa 1:00 Craft Tissue Paper Flowers 2:00 Cinco de Mayo 3:30 White Board Games Cinco de Mayo	6 Kentucky Derby 9:30 Disco Exercise 10:15 Hydration Time 11:00 Noodle Ball 1:00 Creative Coloring 2:00 Card Games 3:00 Pudding Snack 4:00 Sing A Long	
7 9:30 Disco Exercise 10:15 Virtual Church Service 11:00 Ball Toss and Talk 1:00 Jigsaw Table/Coloring 2:00 What do you Hear ? 2:30 Ice Cream Floats 3:30 Listen to the Oldies	8 8:30-9:30 1:1 after breakfast 9:30 Weight Arm Workout 10:00 Monday Muffin Bake 11:00 Card Games 11:45 Hand Spa 1:00 Noodle Ball 2:00 Sand Art 2:30 Tea and Coconut Cream Pie 3:00 Table Tennis	9 8:30-9:30 1:1 after breakfast 9:30 Drumming Class 10:15 Coffee and Daily News 11:00 Chair Toss and Talk 11:45 Hand Spa 1:00 Travel to Canada Tour 1:30 Maple Leaf Shadow Chalk Art 2:00 Famous Canadian Sing a Long 2:30 Cheese Curds 3:00 Dominoes and Jenga	10 8:30-9:30 1:1 after breakfast 9:30 Coffee and Danish 10:15 Yoga with Jamie or Bus Ride 11:00 Garden Chat and Iced Tea 11:45 Hand Spa 1:00 Coffee Filter Butterflies 2:00 Smoothies 3:00 Karaoke	11 Hostess Cupcake Day 8:30-9:30 1:1 after breakfast 9:30 Drumming with Noodles 10:30 Music with Digger 11:30 The Name Game 1:00 Mason Jar Bird Trees 2:00 Hostess Cupcake Taste Test 3:00 Table Tennis 3:30 Bingo	12 8:30-9:30 1:1 9:15 Morning Exercise 10:15 Coffee and Communion 11:00 Noodle Ball 11:45 Scented Hand Spa 1:00 Mother's Day Photo Shoot 1:30 Mary Kay Make Up Demo 2:00 Mother's Day Tea AL/MC 2:30 Entertainment in AL 3:30 Trivia and Iced Tea	13 8:30-9:30 1:1 9:00 Resident choice exercise 9:30 Hydration Stations 10:00 What's in the News 10:30 Garden Trivia 11:15 Noodle Ball 1:30 Card Games 2:30 Pudding Snack 3:00 Movie Matinee	
Dementia Awareness Week 14 9:30 Disco Exercise 10:15 Muffins for Mom 11:00 Ball Toss and Talk 1:00 Jigsaw Table/Coloring 2:00 What do you Hear ? 2:30 Ice Cream Floats 3:30 Listen to the Oldies Mother's Day	Chocolate Chip Cookie Day 15 8:30-9:30 1:1 after breakfast 9:30 Workout with Weights 10:15 Make Chocolate Chip Cookies 11:30 Hand Spa 1:00 Spray Bottle Painting 2:00 Chips and Dip 3:00 Table Tennis	16 8:30-9:30 1:1 after breakfast 9:30 Drumming Class 10:15 Coffee/Chocolate Making 11:00 Chair Toss and Talk 11:45 Hand Spa 1:00 Walking Tour Switzerland 2:00 Skiing the Alps/Pinecone skier 2:30 Snack Time 3:00 Jigsaw Puzzle Challenge	Happy Birthday Elsie 17 8:30-9:30 1:1 after breakfast 9:30 Coffee/Cherry Cobbler Crock 10:15 Yoga with Jamie or Bus Ride 11:00 Garden Chat and Iced Tea 11:45 Hand Spa 1:00 Coffee Filter Butterflies 2:00 Iced Tea and Cherry Cobbler 3:00 Karaoke	Reeses Day 18 8:30-9:30 1:1 after breakfast 9:30 Drumming with Noodles 10:30 Coffee News Hour 11:30 The Name Game 1:00 Make Peanut Butter Playdoh 2:00 Make your own Reeses 3:00 Table Tennis 3:30 Bingo	19 8:30-9:30 1:1 after breakfast 9:30 Chair Dancing 10:15 Coffee and Snack 10:30 Communion 11:00 Tabletop Bowling 11:30 Scented Hand Spa 1:00 Bumble Bee Craft 2:00 Make Mini Pizzas 3:00 Happy Hour 3:30 White Board Games	20 8:30-9:30 1:1 9:00 Resident choice exercise 9:30 Hydration Stations 10:00 What's in the News 10:30 Garden Trivia 11:15 Noodle Ball 1:30 Card Games 2:30 Pudding Snack 3:00 Movie Matinee Armed Forces Day	
21 9:30 Disco Exercise 10:15 Virtual Church Service 11:00 Ball Toss and Talk 1:00 Jigsaw Table/Coloring 2:00 What do you Hear ? 2:30 Ice Cream Floats 3:30 Listen to the Oldies	22 8:30-9:30 1:1 after breakfast 9:30 Workout with Weights 10:15 Coffee and What's Cooking make vanilla pudding cups 11:30 Hand Spa 1:00 Paper Strip Craft 2:00 Chips and Dip 3:00 Table Tennis Victoria Day (Canada)	23 8:30-9:30 1:1 after breakfast 9:30 Drumming Class 10:15 Coffee, News, Trivia 11:30 Hometown Heros Lunch 1:00 Guided Tour of Poland 2:00 Facts about Poland 2:30 Pierogi Sampler 3:00 Jigsaw Puzzle Challenge	24 8:30-9:30 1:1 after breakfast 9:30 Stretch Bands 10:15 Coffee /Bus Outing 11:00 Dominoes 11:30 Hand Spa 1:00 Chicken Soup Stories 1:30 Butterfly Tree 2:30 Cheese and Crackers 3:00 Sing with Susie	AL/MC Sock Hop 25 8:30-9:30 1:1 after breakfast 9:30 Drumming with Noodles 10:15 Music with Digger 11:00 Noodle Ball 1:00 Watch American Bandstand 1:30 Prep for Sock Hop 2:00 Sock Hop in AL, all are welcome 3:00 Jenga Shavuot Begins	26 8:30-9:30 1:1 after breakfast 9:30 Chair Dancing 10:15 Coffee and Snack 10:30 Communion 11:00 Tabletop Bowling 11:30 Scented Hand Spa 1:00 Adult Coloring 2:00 Picture Frames 3:00 Happy Hour 3:30 White Board Games	27 8:30-9:30 1:1 9:00 Resident choice exercise 9:30 Hydration Stations 10:00 What's in the News 10:30 Garden Trivia 11:15 Noodle Ball 1:30 Card Games 2:30 Pudding Snack 3:00 Movie Matinee	
28 9:30 Disco Exercise 10:15 Virtual Church Service 11:00 Ball Toss and Talk 1:00 Jigsaw Table/Coloring 2:00 What do you Hear ? 2:30 Ice Cream Floats 3:30 Listen to the Oldies	29 8:30-9:30 1:1 after breakfast 9:30 Workout with Weights 10:15 Coffee and What's Cooking make vanilla pudding cups 11:30 Hand Spa 1:00 Make Uncle Sam Faces 2:00 Patriotic Party Foods 3:00 Table Tennis Memorial Day	30 8:30-9:30 1:1 after breakfast 9:30 Drumming Class 10:15 Coffee, News, Trivia 11:15 Chair Volleyball 1:00 Guided Tour ofC 2:00 Facts about Poland 2:30 Pierogi Sampler 3:00 Jigsaw Puzzle Challenge	Parrot Day 31 8:30-9:00 1:1 9:30 Band or Weights exercise 10:00 Coffee and Cookies 11:00 Dominoes or Cards 11:30 Hand Spa and walk to Dine 1:00 Independent Coloring Pages 1:30 Parrot Day Craft 2:30 Milk Shake Surprise 3:00 Watercolors and Wine	<h1>May 2023</h1>			

Type the name, address, and other information about your community/company here.