

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 2023			National Calzone Day 1 8:30 1:1 after breakfast 9:30 Women's Morning Facials 10:15 Scenic Drive 11:00 Noodle Ball 11:45 Short Stories 1:00 Craft Class Wood Owls 2:00 Table Tennis 3:00 Milk Shakes on the patio 3:30 Sing with Susie	2 8:30 1:1 after breakfast 9:00 Exercise with Marsha 10:00 Coffee and Danish 11:00 Volleyball 1:00 Stroll the Garden 1:30 White Board Name Thanksgiving foods 2:00 Bingo Bash 3:00 Iced Tea and Pretzels	3 8:30 1:1 after breakfast 9:30 Chair Dancing 10:15 Coffee and Daily News 11:00 Table Top Bowling 11:45 Hand Spa 1:00 Name That Trivia Time 2:00 Paper Strip Turkey 3:00 Happy Hour 4:00 Listen to Chuck Berry 2:00 AL Veterans Photo Shoot	4 10:00 Coffee and Trivia 11:00 Noodle Ball 1:00 After Lunch Community Stroll 2:00 Horse Shoes 3:00 Popcorn and Juices 3:15 Movie Matinee - State Fair
5 9:30 Virtual Church 10:30 Coffee Chat 11:00 Toss and Talk 1:30 Afternoon Community Stroll 2:00 Root Beer Floats 3:00 Dominoes 4:00 Hand Spa	6 9:00 Weight Workout 10:00 Resident made snack 10:30 Coffee and Trivia 11:00 Noodle Ball 1:00 Listen to Big Band Music 1:00 Men's Personal Care Time 1:30 Creative Corner - Thankful Leaves 2:30 Table Tennis 3:00 Monday Milk Shakes	Happy Birthday Eleanore 7 8:30 1:1 after breakfast 9:30 Drumming Class 10:15 Coffee and Daily news 11:00 Noodle Ball 11:45 Hand Spa 1:00 How was it done? Dyeing Turkeys 2:00 Afternoon Toss and Talk 2:30 Tuesday Tea 3:30 You Tube- First Thanksgiving 4:00 Listen to Aretha Franklin	8 8:30 1:1 after breakfast 9:30 Women's Morning Facials 10:15 Scenic Drive 11:00 Juice refreshers and Trivia 11:45 Hand Spa 1:00 Autumn Coloring Class 2:00 Bingo Blast 3:00 Cheese and Crackers 3:30 Sing the 50's	Music with Digger National Fried Chicken Sandwich Day 9 8:30 1:1 after breakfast 9:00 Exercise to 50's music 10:15 Coffee and Coloring 10:30 Music with Digger 11:30 Morning Stretch 1:00 White Board Challenge 2:00 Hanging Turkeys 3:00 Hot Chocolate Bar 4:00 Hymn Sing	National Vanilla Cupcake Day 10 8:30 1:1 after breakfast 9:30 Instructor choice exercise 10:15 Coffee and Trivia 11:00 Corn Hole in the Garden 1:00 Trivia Time 2:00 Painting Class Draw a Pumpkin 3:00 Wine and Cheese Hour	11 10:00 Coffee and Trivia 11:00 Noodle Ball 1:00 After Lunch Community Stroll 2:00 Table Tennis 3:00 Popcorn and Juices 3:15 Movie Matinee - Veterans Day Videos 2:00 Veterans Day Home of the Brave Bash with Ronny K in Assisted Living Veterans Day Remembrance Day (Canada)
12 9:00 Virtual Church 9:30 Sunday Morning Yoga 10:15 Coffee and News 11:00 Noodle Ball 1:00 Sunday Simply Seasonal coloring 2:00 Bean Bag Twister 3:00 Sundaes on Sunday 3:30 Olympic Skiing on You tube Diwali (Hindi)	13 9:00 Weight Workout 10:00 Resident Made snack 10:30 Coffee and Trivia 11:00 Noodle Ball 1:00 After Lunch Stroll 1:30 Creative Corner -thankful Leaves 2:30 Turkey Toss Twister 3:00 Crock Pot Cocoa 3:30 White Board Games - Name Halloween Candy 5:30 Town Hall - A Taste of November By Chef Cory and Hospice education with Vitas.	Happy Birthday Nancy 14 8:30 1:1 after breakfast 9:30 Stretch Band Exercise 10:15 Coffee and Daily news 11:00 Noodle Ball 11:45 Hand Spa 1:00 The First Thanksgiving Video 1:30 Thanksgiving Bingo Bash 2:00 Thanksgiving Pie Sampler 3:00 Musical Notes - Sing along with Elvis 2:00 AL Music with Todd Senter	15 9:00 Free Weight Work Out 9:30 Women's Morning Facials 10:15 Scenic Drive 11:00 Juice refreshers and Trivia 11:45 Hand Spa 1:00 After Lunch Stroll 2:00 Salt Clay ornaments 3:00 Cheese and Crackers 3:30 Ball Toss and Talk	Flamenco with Bruce National Button Day 16 8:30 1:1 after breakfast 9:00 Exercise to 50's music 10:15 Coffee and Cake 11:00 Button Craft 1:00 White Board Challenge 2:00 Flamenco with Bruce 3:00 Fruit Parfaits 3:30 Dominoes	Dan Nates Birthday Bash 17 8:30 1:1 after breakfast 9:30 Instructor choice exercise 10:15 Coffee and Trivia 11:00 Volleyball 1:00 Community Stroll 1:30 White Board Trivia 2:00 Birthday Bash with Dan Nates 3:00 Wine and Cheese Hour 4:00 TV Time Watch Ice Skating	18 10:00 Coffee and Trivia 11:00 Noodle Ball 1:00 After Lunch Community Stroll 2:00 Horse Shoes 3:00 Popcorn and Juices 3:15 Movie Matinee - Elf
19 9:30 Virtual Church 10:30 Coffee Chat 11:00 Toss and Talk 1:30 Afternoon Community Stroll 2:00 Root Beer Floats 3:00 Dominoes 4:00 Hand Spa	20 9:00 Weight Workout 10:00 Coffee and English Muffins 10:30 Outside for Corn Hole 11:30 Hand Spa 1:00 Men's Personal Care Time 1:00 Community Stroll 1:30 Creative Corner -Pilgrim Hat Centerpieces 2:30 Crock Pot Cocoa 3:00 Sing a Long	Gingerbread Cookie Day 21 8:30 1:1 after breakfast 9:00 Drumming Class 9:30 Coffee and make cookies 10:00 Card Games 11:00 Noodle Ball 1:00 Video Macy's Parade Balloons 1:30 Design your balloon pieces 2:00 Tuesday Tea 3:00 Bingo Blast 4:00 Hand Spa 2:00 AL Baking Contest Judging	Podiatry Visit 22 8:30 1:1 after breakfast 9:30 Women's Morning Facials 10:15 Scenic Drive 11:00 Toss and Talk 1:00 Afternoon Walk 1:30 Assemble Parade Balloons 2:00 Victoria Landing Parade 4:00 TV trivia challenge	Happy Birthday Pat R 23 9:00 Watch Macy's Thanksgiving Parade 10:00 Cocoa and Cookies 10:30 Shake your Tail Feathers 11:00 Tap the Turkey 12:00 Thanksgiving Day Dinner guests welcome RSVP to concierge 1:00 Afternoon stroll 2:00 Turkey Roll Dice Game 3:00 Coffee and Leftover Pie Thanksgiving Day (US)	24 8:30 1:1 after breakfast 9:30 Chair Dancing 10:15 Coffee and Daily News 11:00 Table Top Bowling 11:45 Hand Spa 1:00 Name That Trivia Time 2:00 Friday Penny Games 2:30 Happy Hour	25 10:00 Coffee and Trivia 11:00 Noodle Ball 1:00 After Lunch Community Stroll 2:00 Table Tennis 3:00 Popcorn and Juices 3:15 Movie Matinee- It's a Wonderful Life
26 9:00 Virtual Church 9:30 Sunday Morning Yoga 10:15 Coffee and News 11:00 Noodle Ball 1:00 Sunday Simply Seasonal coloring 2:00 Bean Bag Twister 3:00 Sundaes on Sunday 3:30 NFL Games	Art Class with Debi 27 9:00 Weight Workout 10:00 Residents mix and make muffins 10:30 Coffee Crafting Hour 11:30 Toss and Talk 1:00 Men's Personal Care Time 1:30 Creative Corner - Scrabble Words 2:00 Snow Ball Toss 2:30 Crock Pot Cocoa 3:00 Hymn Sing	National French Toast Day 28 9:00 Drumming for Fitness 9:30 Daily News and Refreshments 10:00 Nail Stations 11:30 Sensory Stretch 1:00 French Toast from Different Countries 1:30 Seated Exercises 2:00 In the Kitchen Make Assorted French Toast Sticks 3:00 Jigsaws and Jenga	29 9:30 Stretch Band Exercise 10:15 Scenic Drive 11:00 Noodle Ball 11:45 Hand Spa 1:00 Craft Class Paint Brush Santa's 2:00 Table Tennis 3:00 Fruit Smoothie 3:30 Sing with Susie	30 9:00 Exercise to 60's music 10:00 Coffee and Trivia in the Garden 11:00 Glass Painting - Christmas Scene 11:30 Morning Stretch 1:00 White Board Challenge 2:00 Bing Bash 3:00 Tea and Cinnamon Toast 4:00 Classic TV Johnny Carson	All activities are subject to change due to circumstances beyond our control.	