

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday					
												<b>JULY 2023</b>				1 8:00-9:00 Dining assisting 9:30 Morning exercise 10:00 Iced Tea and Trivia 11:00 Card Games 1:00 Creative Coloring Canadian Maple Leaf 2:00 Dice Shoot 3:00 Cheese and Crackers 3:15 Movie Matinee  Canada Day	
<b>2</b>		<b>National Chocolate Wafer Day 3</b>		<b>4</b>		<b>5</b>		<b>Fried Chicken Day 6</b>		<b>Happy Birthday Ken G. 7</b>		<b>Freezer Pop Day 8</b>					
8:00 Dining Assist 9:30 Disco Exercise 10:15 Resident Assisted Cookie Bake 11:00 Toss and Talk 1:00 Simple Sunday Craft paper flowers 2:00 Root Beer Floats 3:00 Dominoes 4:00 Hand Spa		8:30 1:1 after breakfast 9:00 Weight Workout 10:00 Tea and Trivia 11:00 Outdoor Games 1:00 Scrapbook Pages 2:00 Monday Milkshakes 3:00 Corn Hole 4:00 Patsy Klein Hour		8:30 1:1 after breakfast 9:00 Patriotic March to the Music 10:00 Coffee and refreshments 11:00 Noodle Ball 11:45 Hand Spa 1:00 How was it made? Fireworks 2:00 Firework Painting 3:00 Enjoy Red/White and Blue Snack  Independence Day (US)		8:30 1:1 after breakfast 9:30 Stretch Bands 10:00 Residents Kitchen Club (ice cream) 10:15 Scenic Drive 11:00 Ball Toss and Talk 1:00 Summer Craft Class 2:00 Table Tennis 3:00 Enjoy homemade ice cream 4:00 Trivia		8:30 1:1 after breakfast 9:30 Drumming Class 10:00 Coffee and Donuts 11:00 Noodle Ball 11:45 Hand Spa 1:00 Creative Corner Noodle Crabs 2:00 Bingo 3:00 Fried Chicken Tenders 4:00 Jenja		8:30 1:1 after breakfast 9:30 Chair Dancing 10:15 Coffee and Daily News 11:00 Table Top Bowling 11:45 Hand Spa 1:00 Name That Trivia Time 2:00 Stretch and Stress Ball 3:00 Happy Hour 4:00 Listen to Neal Diamond		8:00-9:00 Dining assisting 9:30 Morning exercise 10:00 Iced Tea and Trivia 11:00 Card Games 1:00 Creative Coloring Beach Scenes 2:00 Table Tennis 3:00 Freezer Pops 3:15 Movie Matinee					
<b>9</b>		<b>Pina Colada Day 10</b>		<b>11</b>		<b>Podiatrist Day 12</b>		<b>French Fry Day 13</b>		<b>Macaroni and Cheese Day 14</b>		<b>15</b>					
8:00 Dining Assist 9:30 Disco Exercise 10:15 Resident Assisted Cookie Bake 11:00 Toss and Talk 1:00 Simple Sunday Craft Painted Shells 2:00 Root Beer Floats 3:00 Dominoes 4:00 Hand Spa		8:30 1:1 after breakfast 9:00 Weight Workout 10:00 Resident Made Muffins 11:00 Noodle Ball 1:00 Monday Manicures 2:00 Mimosas and Munchies 3:00 Jigsaws and Jenga Play 4:00 Barbara Streisand Hour		8:30 1:1 after breakfast 9:30 Drumming Class 10:15 Coffee and Daily news 11:00 Noodle Ball 11:45 Hand Spa 1:00 Christmas in July painting 2:00 Make Ice Cream Sandwiches 2:30 Bingo Blast 3:30 Karaoke		8:30 1:1 after breakfast 9:30 Resident Kitchen Club (muddy buddies) 10:15 Yoga with Jamie 11:00 Juice refreshers and Trivia 11:45 Hand Spa 1:00 Summer Craft Class 2:00 Table Tennis 3:00 Muddy Buddy snack time 3:30 Sing with Susie		8:30 1:1 after breakfast 9:00 Exercise to 50's music 10:15 Music by Digger 11:30 Morning Stretch 1:00 White Board Challenge 2:00 Gourd Bird Houses 3:00 Enjoy French Fries and Dips 4:00 Hymn Sing		8:30 1:1 after breakfast 9:30 Instructor choice exercise 10:15 Coffee and Trivia 11:00 Corn Hole 1:00 Trivia Time 2:00 Paint an Ocean Scene 3:00 Wine and Cheese Hour 4:00 The sound of Johnny Mathis		8:30 1:1 after breakfast 9:30 Morning Exercise 10:00 Lemonade in the Garden 11:00 Dominoes 1:00 Creative Coloring Sea Life 2:00 Activity Room Don't Drop the Balloon 3:00 Popcorn and a Movie					
<b>16</b>		<b>Peach Ice Cream Day 17</b>		<b>18</b>		<b>National Hot Dog Day 19</b>		<b>Junk Food Day 20</b>		<b>Birthday Bash/Guitar Dan 21</b>		<b>22</b>					
8:00 Dining Assist 9:00 Sunday Morning Yoga 10:15 Cupcake Bake 11:00 Noodle Ball 1:00 Simple Sunday Craft Painted Pot Qtip 2:00 Trivia Time 2:30 Sundaes on Sunday 3:00 Bean Bag Twister 4:00 Watch Wide World of Disney		8:30 1:1 after breakfast 9:00 Weight Workout 9:30 Make Peach Ice Cream 10:00 Tea and Trivia 11:00 Noodle Ball 1:00 Monday Manicures 2:00 Enjoy our Peach Ice Cream 3:00 Horseshoes 4:00 Etta James Hour		8:30 1:1 after breakfast 9:00 Morning Exercise 9:30 Coffee and Craft Rain Stick 10:30 Noodle Ball 11:30 White Board Name Lunches 1:00 Travel Time to Brazil Guided Tour 1:30 Make a Brazilian Parrot 2:30 Enjoy Brazilian Lemonade 3:30 Listen to Brazilian Music		8:30 1:1 after breakfast 9:30 Resident Kitchen Club Fruit Pizzas 10:00 Coffee and Daily News 10:30 Silver Sneakers with Jamie 11:15 Iced Tea and Trivia 1:00 Summer Craft Class 2:00 Noodle Ball 3:00 Enjoy Fruit Pizzas 3:30 Mormon Tabernacle Choir		8:30 1:1 after breakfast 9:00 Exercise to the 60's 10:00 Coffee and Cookies 10:30 Summer Picnic Reminisce 11:00 Volleyball 1:00 Creative Corner Sea Shell Angels 2:00 Corn Hole 3:00 Celebrate Junk Food Day 4:00 Watch Swing Dance Competition		8:30 1:1 after breakfast 9:30 Instructor Choice Exercise 10:00 Coffee and News Update 11:00 Paint Stepping Stones 1:00 White Board Name Game 2:30 Birthday Bash/Music by Guitar Dan 4:00 Everly Brothers Music Time		8:00-9:00 Dining assisting 9:30 Morning exercise 10:00 Iced Tea and Trivia 11:00 Card Games 1:00 Creative Coloring Jungle Scenes 2:00 Table Tennis 3:00 Ice Cream Cookies 3:15 Movie Matinee					
<b>23</b>		<b>24</b>		<b>25</b>		<b>26</b>		<b>27</b>		<b>28</b>		<b>Tiger Day 29</b>					
8:00 Dining Assist 9:30 Disco Exercise 10:15 Resident Assisted Cookie Bake 11:00 Toss and Talk 1:00 Simple Sunday Craft Rock Painting 2:00 Root Beer Floats 3:00 Dominoes 4:00 Hand Spa		8:30 1:1 after breakfast 9:00 Weight Workout 10:00 Tea and Trivia 11:00 Noodle Ball 1:00 Monday Manicures 1:30 Card Games in Activity Room <b>2:30 Art with Debi</b> 3:30 Pizza and Wine 4:00 Aretha Franklin		8:30 1:1 after breakfast 9:30 Drumming Class 10:15 Coffee and Daily news 11:00 Noodle Ball 11:45 Hand Spa 1:00 Garden Mushrooms 2:00 Make Ice Cream Sandwiches 2:30 Bingo Blast 3:30 Karaoke		8:30 1:1 after breakfast 9:30 Kitchen Club Prep Pigs in a Blanket 10:15 Scenic Drive 10:30 Bal Toss and Talk 11:30 Scented Hand Spa 1:00 Summer Craft Class 2:00 Table Top Bowling 3:00 Enjoy Pigs in a Blanket 4:00 Hymn Sing		8:30 1:1 after breakfast 9:00 Exercise to the Bee Gees 10:00 Coffee and Cookies 10:3 Reminisce - Summer Vacations 11:00 Volleyball 1:00 Creative Corner Glass Etching 2:00 Corn Hole 3:00 Celebrate Junk Food Day 4:00 Watch Swing Dance Competition		8:30 1:1 after breakfast 9:30 Chair Dancing 10:15 Coffee and Daily News 11:00 Table Top Bowling 11:45 Hand Spa 1:00 Name That Trivia Time 2:00 Stretch and Stress Ball 3:00 Happy Hour 4:00 Listen to Neal Diamond		8:30 1:1 after breakfast 9:30 Morning Exercise 10:00 Lemonade in the Garden 11:00 Dominoes 1:00 Creative Coloring Watercolor Tigers 2:00 Activity Room Don't Drop the Balloon 3:00 Popcorn and a Movie					
<b>30</b>		<b>31</b>															
8:00 Dining Assist 9:30 Disco Exercise 10:15 Resident Assisted Cookie Bake 11:00 Toss and Talk 1:00 Simple Sunday Craft p 2:00 Root Beer Floats 3:00 Dominoes 4:00 Hand Spa		:30 1:1 after breakfast 9:00 Weight Workout 10:00 Resident Made Muffins 11:00 Noodle Ball 1:00 Monday Manicures 2:00 Mimosas and Munchies 3:00 Jigsaws and Jenga Play 4:00 Diana Ross Hour															

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\*\*All activities subject to change due to circumstances beyond our control