

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2023

| | | | | | |
|--|---|--|--|--|--|
| <p>August 2023</p> | <p>Homemade Pie Day 1</p> <p>8:30 1:1 after breakfast 9:30 Drumming Class 10:15 Coffee Pie Making (vanilla crème) 11:00 Noodle Ball 11:45 Hand Spa 1:00 How was it Made? Aluminum foil 2:00 Aluminum foil art 3:00 Hydration and snack 4:00 Hymn sing</p> | <p>National Ice Cream Sandwich Day 2</p> <p>8:30 1:1 after breakfast 9:30 Stretch Band exercise 10:00 Hydration and Snack 10:15 Scenic Drive 11:00 Ball Toss and Talk 1:00 After lunch card club 2:00 Enjoy Ice Cream Sandwiches 2:30 Bingo Blast 3:30 Hymn Sing</p> | <p>Watermelon Day 3</p> <p>8:30 1:1 after breakfast 9:30 Weight Workout 10:00 Coffee and Snack 11:00 Don't drop the ball 1:00 Short stories 1:30 Creative Art Watermelon Art 2:30 Thirsty Thursday 3:00 Move it shake it 3:30 Juice and a movie</p> | <p>Chocolate Chip Cookie Day 4</p> <p>8:30 1:1 after breakfast 9:30 Chair Dancing 10:15 Coffee and Daily News 11:00 Table Top Bowling 11:45 Hand Spa 1:00 Name That Trivia Time 2:00 Stretch and Stress Ball 3:00 Happy Hour 4:00 Listen to Elvis</p> | <p>Happy Birthday Ann Sandcastle Day 5</p> <p>9:00 Morning exercise 10:00 Iced Tea and Trivia 11:00 Noodle Ball* 1:00 Kinetic Sand Castle building 2:00 Horse Shoes* 3:00 Cranberry Spritzers 3:15 Movie Matinee</p> |
| <p>National Root Beer Float Day 6</p> <p>9:00 Motown Music Movement class 10:15 Cranberry refreshment break 11:00 Toss and Talk 1:00 Simple Sunday Craft Button Art 2:00 Root Beer Floats 3:00 Dominoes 4:00 Hand Spa</p> | <p>7</p> <p>8:30 1:1 after breakfast 9:00 Weight Workout 10:00 Resident Made Muffins 11:00 Noodle Ball Hockey 1:00 Listen to Jazz 1:30 Monday Manicures The Penny Game 2:30 Monday Milkshake 3:00 Toss and Talk 4:00 Broadway music Man of LaMancha</p> | <p>International Cat Day 8</p> <p>8:30 1:1 after breakfast 9:30 Drumming Class 10:15 Coffee and Daily news 11:00 Noodle Ball 11:45 Hand Spa 1:00 How was it made? The Squeegee 2:30 Squeegee painting 3:15 Bingo Blast</p> <p>2:00 Todd Senter music in AL</p> | <p>Dermatology Day 9</p> <p>8:30 1:1 after breakfast 9:30 Resident Kitchen Club (muddy buddies) 10:15 Yoga with Jamie 11:00 Juice refreshers and Trivia 11:45 Hand Spa 1:00 Summer Craft Class 2:00 Table Tennis 3:00 Muddy Buddy snack time 3:30 Sing with Susie</p> | <p>National Smores Day 10</p> <p>8:30 1:1 after breakfast 9:00 Exercise to 50's music 10:15 Music by Digger 11:30 Morning Stretch 1:00 White Board Challenge 2:00 Gourd Bird Houses 3:00 Make Smores on Grill 4:00 Hymn Sing</p> | <p>Goey Butter Cake Day 11</p> <p>8:30 1:1 after breakfast 9:30 Instructor choice exercise 10:15 Coffee and Trivia 11:00 Corn Hole 1:00 Trivia Time 2:00 Painting Class 3:00 Wine and Cheese Hour 4:00 Music Time- The Beach Boys</p> |
| <p>13</p> <p>8:00 Dining Assist 9:00 Sunday Morning Yoga 10:15 Coffee and News 11:00 Noodle Ball 1:00 Simple Sunday Craft Paint and decorate birdhouses 2:00 Ben Bag Twister 3:00 Sundaes on Sunday 3:30 Virtual church 4:00 Watch Wide World of Disney</p> | <p>Creamsicle Day 14</p> <p>8:30 1:1 after breakfast 9:00 Weight Workout 9:30 Residents Make Muffins 10:00 Tea and Trivia 11:00 Corn Hole 1:00 Monday Manicures 2:00 Confetti Cake Milk Shakes 3:00 Horseshoes 4:00 Listen to Patsy Kline</p> | <p>Travel Day to Greece 15</p> <p>8:30 1:1 after breakfast 9:00 Morning Exercise 9:30 Coffee and Craft Flag of Greece 10:30 Noodle Ball 11:30 White Board Greek Gods 1:00 Travel Time to Greece; Olympic Sites 1:30 Make a Greek Key Bracelet 2:30 Enjoy Grecian Foods and Sweet 3:30 Watch Grecian Olympic History Documentary</p> | <p>16</p> <p>8:30 1:1 after breakfast 9:30 Resident Kitchen Club quick bread 10:15 Silver Sneakers with Jamie 11:00 Juice refreshers and Trivia 11:45 Hand Spa 1:00 Summer Craft Class Clay Gnomes 2:00 Table Tennis 3:00 Lemonade slushies 3:30 Interactive Trivia</p> | <p>Flamenco with Bruce VanHorn 17</p> <p>8:30 1:1 after breakfast 9:00 Exercise to 60's music 10:15 Coffee and Cake 11:00 Kick for Distance Contest 1:00 White Board Challenge 2:00 Flamenco with Bruce 3:00 Make Smores on Grill 4:00 Hymn Sing</p> | <p>Birthday Bash with Dan 18</p> <p>8:30 1:1 after breakfast 9:30 Instructor choice exercise 10:15 Coffee and Trivia 11:00 Noodle Hockey 1:00 Short Stories 2:00 Birthday Bash 3:00 Wine and Cheese Hour 4:00 Music Time- The Four Seasons</p> |
| <p>20</p> <p>9:00 Aretha Franklin Music Movement class 10:15 Cranberry refreshment break 11:00 Toss and Talk 1:00 Simple Sunday Craft Ladybug button picture 2:00 Root Beer Floats 3:00 Dominoes 4:00 Hand Spa</p> | <p>21</p> <p>8:30 1:1 after breakfast 9:00 Weight Workout 10:00 Resident Made Muffins 11:00 Noodle Ball Hockey 1:00 Listen to The Supremes 1:30 Monday Manicures and/or The Penny Game 2:30 Monday Milkshake 3:00 Toss and Talk 4:00 Broadway music Wicked</p> | <p>22</p> <p>8:30 1:1 after breakfast 9:30 Drumming Class 10:15 Coffee & Pie Making (Chocolate crème) 11:00 Noodle Ball 11:45 Hand Spa 1:00 How was it Made? Drums 2:00 Make a Hand Drum 3:00 Hydration and snack 4:00 Hymn sing</p> | <p>23</p> <p>8:30 1:1 after breakfast 9:30 Stretch Band exercise 10:00 Hydration and Snack 10:15 Scenic Drive 11:00 Ball Toss and Talk 1:00 After lunch card club 2:00 Enjoy Ice Cream Sandwiches 2:30 Bingo Blast 3:30 Hymn Sing</p> | <p>National Waffle Day 24</p> <p>8:30 1:1 after breakfast 9:00 Exercise to 50's music 10:15 Music by Digger 11:30 Morning Stretch 1:00 White Board Challenge 1:30 Corn Hole 2:00 Make Belgian Waffles 3:00 Joggin Your Noggin Time 4:00 Hymn Sing</p> | <p>National Banana Split Day 25</p> <p>8:30 1:1 after breakfast 9:30 Chair Dancing 10:15 Coffee and Daily News 11:00 Table Top Connect 4 11:45 Hand Spa 1:00 Minute to Win it, Penny Stacking 2:00 Garden Expressions Watercolor Sunflowers 3:00 Banana Split Bar 4:00 Listen to Tony Bennett</p> |
| <p>27</p> <p>8:00 Dining Assist 9:00 Sunday Morning Yoga 10:15 Coffee and News 11:00 Noodle Ball 1:00 Simple Sunday Craft Wood Watermelon Coaster 2:00 Bean Bag Twister 3:00 Sundaes on Sunday 3:30 Virtual church 4:00 Watch Wide World of Disney</p> | <p>28</p> <p>8:30 1:1 after breakfast 9:00 Weight Workout 9:30 Residents Make Muffins 10:00 Tea and Trivia 11:00 Corn Hole 1:00 Monday Manicures 2:00 Confetti Cake Milk Shakes 3:00 Horseshoes 4:00 Listen to Patsy Kline</p> | <p>29</p> <p>8:30 1:1 after breakfast 9:30 Drumming Class 10:15 Coffee and Daily news 11:00 Noodle Ball 11:45 Hand Spa 1:00 How was it made? Balloons 2:00 Balloon Flower Painting 2:30 Bingo Blast 3:30 Karaoke</p> | <p>30</p> <p>8:30 1:1 after breakfast 9:30 Stretch Band Exercise 10:15 Coffee and PB&J 11:00 Noodle Ball 11:45 Hand Spa 1:00 Summer Craft Class 2:00 Table Tennis 3:00 Fruit Smoothie 3:30 Sing with Susie</p> | <p>31</p> <p>8:30 1:1 after breakfast 9:00 Exercise to 60's music 10:15 coffee and Danish 11:30 Morning Stretch 1:00 White Board Challenge 2:00 Painted Fall Décor 3:00 Milk shake Madness 4:00 50's rock and roll music</p> | <p>All activities are subject to change due to circumstances beyond our control.</p> <p>Programs taking place in AL are listed at the bottom of the calendar day.</p> |